Lend A Helping Hand

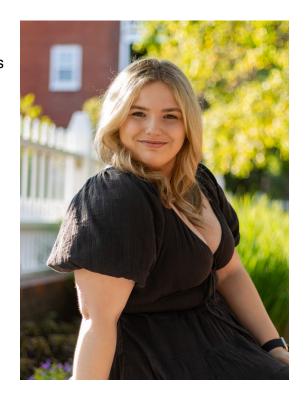


Mission: To educate NH FBLA Chapters about the struggles of those who are unhoused within our communities.

> Hannah Shortt NH FBLA State Officer Coe-Brown Northwood Academy

About Me

Hi everyone! My name is Hannah Shortt, and I am a senior at Coe-Brown Northwood Academy. I was previously the two-year vice president of my chapter, now the current president, and am entering my second year as State Officer. In my free time I am usually found either in Boston, reading, or at the gym. Outside of FBLA I play the flute, am a section leader to the flute section, and the vice president of Music Honor Society, I am also in National English Honor Society, National Honor Society, and the French honor Society.



Introduction

Living close to Concord for the past 8 years and working there has helped me to see one of the real issues that is occurring in our society. There are unhoused people all throughout Concord and they are struggling every day. Seeing this for years has upset me and now I feel as though it is time to act and help them. This is not a problem only Concord has; this is an issue throughout the largely populated parts of New Hampshire and even the smaller parts. There are 1,675 estimated unhoused in New Hampshire but throughout the United States the numbers are close to 582,000 people.

Lend a Helping Hand is my way to help give back to those in our community who are struggling. Throughout New Hampshire there is a struggle for aid in soup kitchens and food pantries as well as materials that these people need to survive. One of my goals is to raise awareness, that even in a small state we have these issues. These programs cannot continue to run without the help they need to stay afloat and open. My project, Lend a Helping Hand, will help soup kitchens, food pantries, and those in need in New Hampshire.

Getting Started

Reaching Out

Begin by visiting my guide to volunteering, located beneath my project link, to find a local organization near you. Explain you are a part of FBLA and that you are working on a project to help your community. Tell them how many people you are interested in bringing and that you want to help them out. The number of people participating can range from one member to all your members, keep in mind though the more members that participate the more points awarded! Each chapter is responsible for contacting their own local organization, I will not be completing this part of the process for the chapters, if assistance is needed, please do not hesitate to reach out!

Spread Awareness

Interact with my Instagram page (hannahfbla), when sharing on an Instagram story please remember to tag me as well for point verification. This can also be completed by flyers and posters throughout your school, though unlimited points are available, points will only be rewarded based upon different versions, not copies of a single version made.

Speakers

Bring in or Zoom with the president, founder, or a representative of an organization near you to speak with your members about what they have seen, why this is such an issue, how to help, the best way to spread the word, and many more things.

Donations

Donations will be counted per item. This includes any hygiene products, canned/preserved foods, hand warmers, and day to day products. If you have clothing donated, please do not count that toward my project, as that relates to Chelsea Zhao's Project. Each chapter will oversees bringing these donations to their local organizations.

Volunteering

Since volunteering has such high worth, please keep a separate google sheet or spreadsheet that includes each member's name, the date, and the hours volunteered each time. This is a simple way to ensure that progress made does not go to waste due to a misunderstanding. **Point sheets are required to be turned in**, see example below.

FLW Piggy Bank Contest

The FLW Piggy Bank Contest this year will correlate with my project in two ways. The first is whichever chapter wins the design section will be awarded points. The second way is whichever chapter brings in the most money, to be donated to the New Hampshire Food Bank will earn points toward my project.

Example of volunteer hours:

Name:	Total	6/30	7/5
Tom	2 hours	1 hour	1 hour
Sam	5 hours	3 hours	2 hours

Point Distribution Per Capita:

Important Note: Points will be earned based upon chapter size. This will be in a per capita system. New Hampshire FBLA is committed to giving all chapter's equal opportunities regardless of membership numbers. If there are questions regarding the point system or my project, please reach out at hannah.shortt@coebrown.net.

Activity	Points Each	Points Earned	Description
Instagram Interaction	2 points per like,		
(hannahfbla)	share, and comment		
Non-perishable Donations	5 points per item		
Product/Item Donations	10 points per item		
(non-clothing items)			
Instagram post during National			
Hunger & Homeless Awareness	10 points each		
Week (November 13-21)			
President, Founder, or			
Representative of an	15 points a visit		
organization visits/speaks with			
chapter			
Volunteer at an organization	25 points per hour		
Piggy Bank Design Winner	30 points		
Piggy Bank Monetary Winner	40 points		
Additional Ideas	TDD		
(Please reach out to me to discuss any ideas your chapter has)	TBD		
President's Signature:		_	Date:
Advisors Signature:		_	Date:

Please mail all forms to Hannah Shortt at PO Box 228 Northwood, NH 03261 **OR** email them to hannah.shortt@coebrown.net

Project deadline is March 6th, 2023. All participating chapters will earn Gold Seal Chapter Points, the top 3 placing chapters will earn further Gold Seal Points